

The First Ever Women's Leadership Seminar in Bahrain
"How To Network Successfully"
PRESS RELEASE: Jan 28 2010



"We were able to bring together both German and British experiences together in Bahrain, providing a theoretical and scientific way of holding a training course under Aspire."

Human Ex Chief Executive Sahar Al Baharna

Human Ex started its first seminar yesterday with the participation of 35 senior women in leadership positions in government institutions and civil society throughout Bahrain.

The workshops, held at the Ritz-Carlton Bahrain Hotel and Spa, were conducted by expert executive coaches from Aspire – the leading coaching and development consultants for women leaders. The support for public relations services was provided by EVENTSCOM.

The session was a full working day discussing important networking aspects, responsive elements of organizational success and an outlook on how to employ them effectively in a professional manner in order to ensure a successful business.

The sessions also tackled techniques on how to achieve goals quickly and efficiently.

This leadership and networking session was primarily held for women who are in middle to senior management with leading global firms within Bahrain and also for those who are investing in their own ventures.

The event was organised by Human Ex, in collaboration with Aspire, and with the support of EVENTSCOM.

Sessions were held by experts from Aspire, Germany's Yasmin El Dabi and Britain's Carolyn Dawson.

Al Zayani Commercial Services president Afnan Al Zayani shared her personal success as a living example for success in managerial and leadership level of private and public sectors.

"We support new companies with our experience, expertise and devote to the service of ambitious companies such as Human Ex," EVENTSCOM chief executive and founder Zahra Taher said.

Dr Collins who founded Aspire said *"we believe strongly in the advancement of women leaders globally and we are extremely pleased to be contributing towards this goal within Bahrain"*

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